

Fundraising

We are currently seeking donations of prizes for Tea & Toasts , so if you have any bottles of spirits or wine that you have spare could you please donate them as we are looking for raffle prizes. Also we are desperately in need prizes for the Tombola if you can help please see Rosemary Lunt or Barbara Houghton.

Runcorn Food Bank

This week the Food Bank needs tinned meat, tinned fish, fruit juice, long grain rice, tinned tomatoes, instant soup, fruit juice, household cleaning products and shower gel. Please put donations of food or money into the cupboard at the back of church.

LENT LUNCHES and PRAYER TIME 2024

During Lent we will be holding Lent prayer times and lunches on Fridays in the Meeting Room until 22nd March. The prayer times will be half an hour of creative



prayer, easy to join in with, starting at 12.00noon. The prayer time will be followed by a bread and soup lunch, kindly provided by Robbie and VML helper's at 12.30 p.m. Donations this year will be sent to the British Red Cross which will be used to help with the help in Gaza.

ALL WELCOME, WHENEVER YOU CAN MAKE IT

EASTER BINGO

There is to be an Easter Bingo fundraising event in the Meeting Room at Church on Saturday 23rd March with eyes down at 7.00pm. Prizes sought please- Easter eggs for a line, Biscuits/Wine/ Chocolates for a house.

Please donate prizes to Rosemary Lunt.

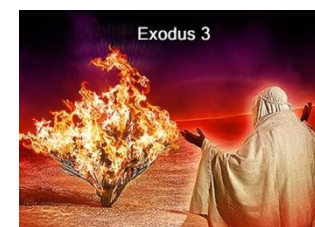
Thank You

Mothering Sunday

If you can spend an 1 hour on Saturday 9th March @ 11.00am to help to make the daffodil bunches for the Sunday. Please come along to Meeting Room to help.



Parish Church of
St Michael and All Angels
Sunday 3rd March 2024
3rd Sunday of Lent



Welcome to St Michael and All Angels this morning!

If you are new here, please make sure you say HELLO to the church staff and volunteers who will do all they can to assist you.

This service sheet is available in large print and blue paper for those with visual impairment or learning differences

Services Today

9.00am Holy Communion

10.30am Café Style Church

Revd George Roach

As the deer pants for the water

Exodus 3: 1-6

Matthew 6: 5-13

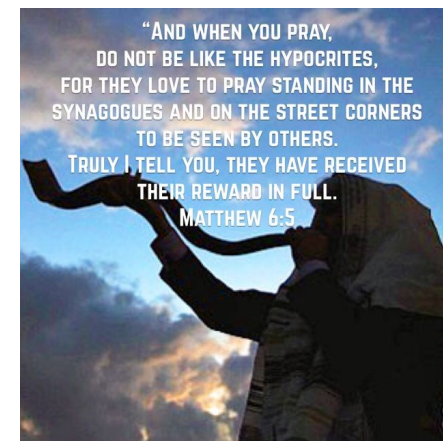
Be still for the presence of the Lord

How deep the Father's love for us

(Everything is on the screen)

5.30pm Sacred Space

Meditation Group in the Meeting Room.



Please do keep in touch with us here at St Michaels, we would like to hear from you again.

Any enquiries relating in booking a Baptism, Wedding or funeral can be made through our Admin Officer, Robbie on preferably email stmichaelsruncorn@gmail.com or the church mobile 07722470940

For safeguarding matters email safeguardingsmaa@gmail.com

Our Vicar, Revd George Roach can be contacted on 01928 832734 or vicar.smaaruncorn@gmail.com
The Vicars rest day is Friday

We are continuing to grow our social media presence, please do search for us on Facebook and X! or on our website www.runcornstmichaels.org.uk

Regular Activities at St Michaels

Sunday 10th March

10.30am Holy Communion

Mothering Sunday

5.30pm Sacred Space
Meditation Group in the Meeting Room.

Tuesday 5th March

10.00am-12.00noon Crafters

Wednesday 6th March

10.00am Holy Communion

Friday 7th March

12.00 noon Prayer Time

12.30pm Lent Lunch

Collect & Readings

Almighty God, whose most dear Son went not up to joy but first he suffered pain, and entered not into glory before he was crucified: mercifully grant that we, walking in the way of the cross, may find it none other than the way of life and peace; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

Exodus 3: 1-6

Now Moses was tending the flock of Jethro his father-in-law, the priest of Midian, and he led the flock to the far side of the wilderness and came to Horeb, the mountain of God. ² There the angel of the LORD appeared to him in flames of fire from within a bush. Moses saw that though the bush was on fire it did not burn up. ³ So Moses thought, "I will go over and see this strange sight—why the bush does not burn up." ⁴ When the LORD saw that he had gone over to look, God called to him from within the bush, "Moses! Moses!" And Moses said, "Here I am." ⁵ "Do not come any closer," God said. "Take off your sandals, for the place where you are standing is holy ground." ⁶ Then he said, "I am the God of your father, the God of Abraham, the God of Isaac and the God of Jacob." At this, Moses hid his face, because he was afraid to look at God.

Matthew 6: 5-13

⁵ "And when you pray, do not be like the hypocrites, for they love to pray standing in the synagogues and on the street corners to be seen by others. Truly I tell you, they have received their reward in full. ⁶ But when you pray, go into your room, close the door and pray to your Father, who is unseen. Then your Father, who sees what is done in secret, will reward you. ⁷ And when you pray, do not keep on babbling like pagans, for they think they will be heard because of their many words. ⁸ Do not be like them, for your Father knows what you need before you ask him. ⁹ "This, then, is how you should pray: "Our Father in heaven, hallowed be your name, ¹⁰ your kingdom come, your will be done, on earth as it is in heaven. ¹¹ Give us today our daily bread. ¹² And forgive us our debts, as we also have forgiven our debtors. ¹³ And lead us not into temptation, but deliver us from the evil one.'

Post Communion

Merciful Lord, grant your people grace to withstand the temptations of the world, the flesh and the devil, and with pure hearts and minds to follow you, the only God; through Jesus Christ our Lord.

A GOOD FUN NIGHT at

St Michael and All Angels
Greenway Road Runcorn

EASTER BINGO

Saturday 23rd March

Eyes down at 7.00pm

Entrance £1

Games £1

Raffle

(Bring your own drinks and nibbles)



Sacred Space Meditation Group

You are warmly invited to our lent meditation group here at St Michael and All Angels, Runcorn.

Come and join us in the church hall for silence, reflection and peace every Sunday afternoon at 5.30pm on the 3rd, 10th, 17th and 24th of March.

No equipment needed other than comfortable clothing and maybe your favourite blanket.

Tea and Coffee served afterwards!



St Michael and All Angels, Greenway Road,
Runcorn, WA7 - 5BS